

Standardized Program Evaluation Protocol (SPEP)

Summary of program types and other characteristics related to recidivism

Delinquency Supervision Programs

Effective and Above Average

Primary Program Type	Supplemental Services	Duration of Services	Face to Face Contact Days	Age of Juvenile	Risk Level
Family Counseling – family counseling, family systems intervention, functional family therapy, family crisis counseling; involves the juvenile and parent(s) or entire family	<ul style="list-style-type: none"> ☼ Parent training ☼ Drug/alcohol counseling ☼ Mentoring ☼ Individual counseling 	15 weeks or more	Over 31 contact days	<ul style="list-style-type: none"> ☼ Average 14 years or under ☼ Average 15 years old 	Upper risk
Mentoring - Mentor spends time with a juvenile on a regular basis and provides support, friendship, advice, assistance	<ul style="list-style-type: none"> ☼ Drug/alcohol counseling ☼ Group counseling ☼ Family counseling 	20 weeks or more	Over 42 contact days	<ul style="list-style-type: none"> ☼ Average 14 years or under ☼ Average 15 years old 	Lower risk
Tutoring; Remedial Education Tutoring, remedial education classes or activities, educational or supplemental experience beyond basic curriculum	<ul style="list-style-type: none"> ☼ Parent training ☼ Family counseling ☼ Mentoring ☼ Individual counseling 	19 weeks or more	Over 32 contact days	<ul style="list-style-type: none"> ☼ Average 15 years old ☼ Average 14 years or under 	Lower risk

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Drug, Alcohol Therapy/Counseling - Treatment or training aimed at reducing the use or abuse of alcohol or drugs	<ul style="list-style-type: none"> ⚙ Family counseling ⚙ Employment services ⚙ Parent training 	12 weeks or more	Over 23 contact days	Average 15 years old	Lower risk
Interpersonal Skills - social & communication skills, interpersonal problem solving, conflict resolution	<ul style="list-style-type: none"> ⚙ Parent training ⚙ Behavior management ⚙ Employment services ⚙ Life skills training ⚙ Cognitive behavioral training 	20 weeks or more	Over 33 contact days	<ul style="list-style-type: none"> ⚙ Average 15 years old ⚙ Average 14 years or under 	Lower risk
Parent Training - training or counseling without the juvenile present' may deal with child management skills or issues parents face	<ul style="list-style-type: none"> ⚙ Family counseling ⚙ Cognitive behavioral training ⚙ Mentoring ⚙ Behavior management ⚙ Tutoring ⚙ Employment services 	16 weeks or more	Over 23 contact days	<ul style="list-style-type: none"> ⚙ Average 14 years or under ⚙ Average 15 years old 	Upper risk

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Employment related - Employment/job placement, supervised work program, job training, career counseling	<ul style="list-style-type: none"> ☼ Cognitive behavioral training ☼ Mentoring ☼ Tutoring ☼ Intensive supervision 	23 weeks or more	Over 46 contact days	<ul style="list-style-type: none"> ☼ Average 15 years old ☼ Average 14 years or under 	Upper risk
Group counseling - group interaction among youth facilitated by a therapist or counselor that focuses on psychological, behavioral, or interpersonal problems	<ul style="list-style-type: none"> ☼ Cognitive behavioral training ☼ Mentoring ☼ Life skills training ☼ Parent training 	20 weeks or more	Over 37 contact days	<ul style="list-style-type: none"> ☼ Average 14 years or under ☼ Average 15 years old 	Lower risk
Individual Counseling - counseling, psychotherapy, or guidance focusing on psychological, behavioral, or interpersonal problems in a one-to-one format	<ul style="list-style-type: none"> ☼ Cognitive behavioral training ☼ Mentoring 	19 weeks or more	Over 35 contact days	<ul style="list-style-type: none"> ☼ Average 15 years old ☼ Average 14 years or under 	Upper risk
Restitution – Service, payment, or apology provided by the offender to the victim or community as a way of being accountable for the offense	<ul style="list-style-type: none"> ☼ Family counseling ☼ Behavior management ☼ Drug/alcohol counseling ☼ Group counseling ☼ Intensive supervision 	12 weeks or more	Over 32 contact days	<ul style="list-style-type: none"> ☼ Average 14 years or under ☼ Average 15 years old 	Lower risk